



## Indulge in the Pleasures of Nygard Cay

[By Anique Gonzalez]

Rest and relaxation. Two sweeter words have never been spoken. It has been a difficult week, and this weekend is a welcome relief. Typical stress relievers will not do. You desire something above and beyond. You need the highest and truest form of R&R. This weekend you will live in the lap of luxury, bask in the glow of the radiant sun, lie out on sandy white beaches, and view the brilliant turquoise sea on the island of Nygard Cay.

Nygart Cay is a remarkable 4.2-acre island located near Lyford Cay in the Bahamas. Owned by Peter Nygard, the chairman of the famous Canadian female-apparel brand Nygard International, the island and residence on it are as opulent, excessive, and unparalleled as Nygard’s alleged lifestyle. (Among other things, he is known for his extravagant parties, battles with labor unions, and penchant for lawsuits, which have targeted a variety of individuals ranging from members of the media to former girlfriends.)

With previous island guests including Oprah Winfrey, Robert DeNiro, former president George H.W. Bush, and Sean Connery, you can embark on this trip knowing it will be nothing short of extraordinary. (Hey, if it’s good enough for a former president and one of the richest and most powerful women in the world, it’s certainly good enough for you!)

The trip officially begins when you are picked up at the airport by Peter Nygard’s personal Boeing 727. After a pleasant flight, you

arrive and are confronted with the residence at which you will be staying, a 150,000-square-foot refuge which was designed to resemble a Mayan landscape. You need not worry, however; while it resembles an ancient landscape, it houses all of the 21<sup>st</sup> century’s conveniences.

The “resort” (as Nygard likes to call it) has 22 bedrooms, the majority of which are suites with open floor plans and his-and-hers bathrooms; a tennis court; two volleyball courts; a basketball court; a 24-seat movie theater; and a 48-foot fishing boat, to name just a few of the amenities. And some of the residence’s more notable features include a 100,000-pound glass ceiling, waterslides, and a human aquarium.

Your stay at Nygard Cay will cost you \$35,000 per day, with a three-day minimum. A 5% Bahamas tax will also be added to the \$105,000 total, as will a \$15,000 damage deposit. However, the deposit is, of course, refundable. Included in this overall price are all of your meals, alcohol, and attention

from a 20-person personal wait staff—which brings us back to the rest and relaxation portion of the trip.

In addition to a state-of-the-art fitness facility and five-star kitchen, the resort employs a full-time spa staff whose sole purpose is to pamper you. So after this stressful, draining, and tiring week, three days of massages, great food, and good company will provide the rejuvenating potion you so desperately desire.

Here’s to getting a great tan, drinking mai tais, and enjoying a fantastic weekend.

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